



DISCOVER
Puerto Rico

INTERNATIONAL PRESS CLIPPINGS REPORT

September, 2020

OUTLET	KEY MESSAGING	MARKET	DATE	UMV CIRCULATION	AD VALUE/ EAV (USD)
Culture Trip	Must visit attractions in Puerto Rico	UK	03/09	18,000,000	6,200
Air 101	The top twenty beaches in the world 2020	UK	05/09	4,350	339
Plymouth Live	Trip Advisor's 25 best beaches of 2020	UK	05/09	175,000	700
Northern Ireland Travel News	Experience Puerto Rico with Five Inspirational Books	UK	09/09	23,000	4,739
Air 101	Top 20 beaches in the world	UK	10/09	4,350	339
Travel Weekly	Puerto Rico reopening after Covid	UK	11/09	75,000	900

OUTLET	KEY MESSAGING	MARKET	DATE	UMV CIRCULATION	AD VALUE/ EAV (USD)
El Nuevodia	Hotel offers	UK	14/09	375,000	1,300
The Scotsman	Trip Advisor's 25 best beaches of 2020	UK	15/09	2,349,637	99,897
Viestra	El Yunque Rainforest	UK	16/09	30,000	6,910
Mirror Online	Playa Negra	UK	22/09	25,490,000	1,197
News Letter Northern Ireland	Coffee in Puerto Rico	UK	22/09	11,076	800
Crave Magazine	Stargazing in Vieques	UK	25/09	17,500	850

OUTLET	KEY MESSAGING	MARKET	DATE	UMV CIRCULATION	AD VALUE/ EAV (USD)
The Exeter Daily	La Monseratte	UK	25/09	40,000	500
Two Scots Abroad	Warm places to visit in December in USA	UK	26/09	11,670	908
Hashtag travelling	Coffee in Puerto Rico	UK	27/09	3000	290
The News (Portsmouth)	Coffee in Puerto Rico	UK	29/09	34,960	994
TOTAL CLIPS: 16				TOTAL UMV: 46,644,543	TOTAL EAV: \$126,863



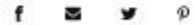
Must-Visit Attractions in Puerto Rico



San Juan, Puerto Rico old city view over Paseo de la Princesa. | © Sean Favano / Alamy Stock Photo

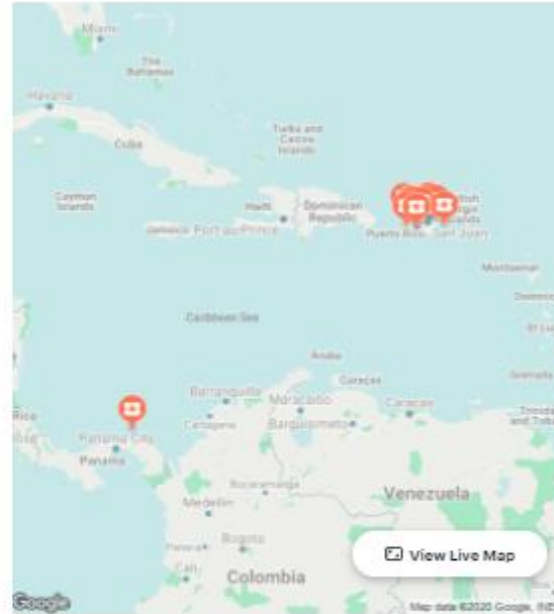


Mariela Santos
3 September 2020



Add to Plan

The Caribbean island of Puerto Rico is rich with historic buildings, natural wonders and opportunities for adventurous activities, and it's relatively small, so it's possible to see a lot in a day. Take your pick of the following must-see attractions.



View Live Map

El Morro Castle

Historical Landmark, Architectural Landmark



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© Ruth Peterkin / Alamy Stock Photo

Castillo San Felipe del Morro, at the end of an expansive green lawn by the ocean in Old San Juan, was built by the Spaniards for military and security purposes, and later modified by the US government after Puerto Rico became a US territory. The centuries-old fort is now an entertainment venue and visitors can explore different areas of the attraction, which is probably the most famous in the country.

El Yunque National Rainforest

Forest, Hiking Trail



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© Kreative Photography / Alamy Stock Photo

This natural treasure, in northeast Puerto Rico, is home to notable flora and fauna such as the Puerto Rican parrot, whose existence on the island dates back to pre-Columbian days. The rainforest has a number of beautiful waterfalls as well. Remember to keep the important safety tips in mind when hiking in this magnificent and lush area.



Air101

Air101.co.uk The aviation news blog

Saturday, 5 September 2020

The top twenty beaches in the world 2020



8 Flamenco Beach

Culebra, Puerto Rico

[Culebra Hotels and Places to Stay](#)

Devon beach is named as one of the best in the world

Woolacombe in North Devon is named the greatest stretch of sands in the country by Tripadvisor

A Devon beach has been named as one of the best in the world – and the best in England.

Woolacombe in North Devon is named at number 20 in the top 25 Tripadvisor Traveller's Choice awards for the world's top beaches in 2020.

The three-mile stretch of sands beats every beach in Cornwall and, for that matter, every beach in Australia. It is beaten only in the UK by a Scottish beach, Luskentyre on the Isle of Harris in the Outer Hebrides - which was ranked 13th.

Woolacombe has been the most Googled destination [in the country over the early summer](#).

But it has also been lashed by storms along with the rest of the region. Video footage last month showed tides washing beach [huts out to sea during Storm Ellen](#).

Topping the list was the stunning Baia do Sancho in Brazil, followed closely by Grace Bay Beach in Turks and Caicos and Playa Paraiso in Cuba.

The highest ranked Australian beach was Whitehaven Beach on the Whitsunday Islands in Queensland, which only managed 22nd.



Woolacombe beach (August 30)

TripAdvisor's 25 best beaches of 2020

1. Baia do Sancho, Fernando de Noronha, Brazil
2. Grace Bay Beach, Turks and Caicos
3. Playa Paraiso, Cayo Largo, Cuba
4. Spiaggia dei Conigli, Sicily, Italy
5. Prainhas do Pontal do Atalaia, Arraial do Cabo, Brazil
6. Seven Mile Beach, Grand Cayman
7. Eagle Beach, Aruba
8. Flamenco Beach, Culebra, Puerto Rico
9. Varadero Beach, Cuba
10. Kleftiko Beach, Milos, Cyclades, Greece
11. Siesta Beach, Siesta Key, Florida, US
12. Radhanagar Beach, Havelock Island, Andaman and Nicobar Islands, India
13. Luskentyre, Isle of Harris, Lewis and Harris, Outer Hebrides, Scotland
14. Playa de Ses Illetes, Formentera, Balearic Islands, Spain
15. La Concha Beach, San Sebastian, Donostia, Spain
16. Saint Pete Beach, Florida
17. Playa Norte, Isla Mujeres, Mexico



Experience Puerto Rico with Five Inspirational Books

Be transported to Puerto Rico this world literacy day with five inspirational books

9 September 2020

As the world marks International Literacy Day on 8th September 2020, Puerto Rico is celebrating the power of books to inspire travel and feed the natural human instinct to explore this world, as well as introduce readers to new destinations, educate them on local culture and show them new sides to discover.

With this in mind Discover Puerto Rico, the official tourism board for the destination, suggests five iconic books that transport readers to tropical Puerto Rico in their minds. From the colourful boroughs of San Juan, to the thriving LGBTQ+ scene, to the eclectic flavours of the local cuisine, to exploring Puerto Rico's pivotal history, book worms can discover Puerto Rico for themselves with these top reads.

Simone, Eduardo Lalo: Set around Rio Piedras, Santurce and Old San Juan, Simone is an ode to San Juan's different boroughs. The story surrounds a middle-aged writer-turned-professor who starts receiving messages from an unknown source. No matter where he goes or what busy street he decides to cross in San Juan, he'll always find a message. As the novel ensues, so does love for the city and also for the secret pursuer.

La Lllamarada, Enrique Laguerre: One of Puerto Rico's most renowned authors, Laguerre writes about Puerto Rico's sugar industry and the way of life of rural-based Puerto Ricans during the first half of the 20th Century. Castillo Labadie, which Laguerre renames as Palacete Los Moreau, is used as a setting for several parts in the novel. Nowadays visitors can book a free tour of the chateau-esque mansion located in Moca.

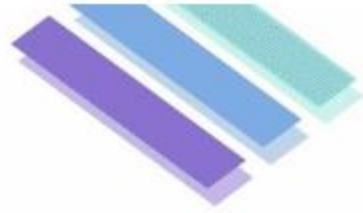
Mundo Cruel, Luis Negrón: Cry.. roar with laughter.. and be deeply moved by this celebration of LGBTQ+ life in Santurce. This compilation of short stories showcases Santurce and Rio Piedras as truly as possible, with a poignant and hilarious sense of humour surrounding the LGBTQ+ scene that moves the reader emotionally and intellectually.

The House on the Lagoon, Rosario Ferré: Lean about the history of Puerto Rico through this riveting, multigenerational epic. The tale that unfolds in Ferré's writing has layers upon layers, exploring the nature of love, marriage, family, and primarily Puerto Rico itself. Centered on the life of a Puerto Rican living in Ponce, the book begins on July 4th, 1917, the day President Wilson signed the act granting Puerto Ricans American citizenship and the novel explores the history of a family whose secrets, conflicts and private mythologies add up to the larger story of a nation: Puerto Rico.

We Fed an Island, José Andrés: After Hurricane Maria left most of Puerto Rico without clean water, food or power, Chef José Andrés addressed the crisis the only way he knew how: by feeding people, one hot meal at a time. From serving sancocho at José Enrique's restaurant in San Juan to cooking huge local paellas that served thousands of people alone. We Fed an Island: The True Story of Rebuilding Puerto Rico, One Meal at a Time describes how a network of community kitchens activated real change and tells an extraordinary story of hope in the face of disaster.

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Thursday, 10 September 2020

Top 20 Beaches in the world.....



8 Flamenco Beach

Culebra, Puerto Rico

[Culebra Hotels and Places to Stay](#)

CARIBBEAN

Puerto Rico is reopening its beaches after a Covid drop

By Gay Nagle Myers | By Danica Coto, the Associated Press | Sep 11, 2020

A+ A-



Flamenco Beach on Culebra, Puerto Rico. The island is reopening its beaches this weekend.

f Puerto Rico's beaches, casinos, gyms and theaters will reopen Sept. 12, according to an executive order signed by Gov. Wanda Vazquez.

t

p The order is in place until Oct. 2 when the situation will be re-evaluated.

The reopenings follow a recent drop in Covid-19 cases and deaths, according to the governor.

Visitors to public beaches and nature preserves must follow social distancing guidelines and masks must be worn when not in the water. However, competitive games such as volleyball and other sports activities are not allowed on the beaches.

Museums will operate at 50% capacity; hotel pools will be open at 25% capacity, and malls, retail stores and restaurants are limited to 50% capacity.

Bars, cafes and discos remain closed, although theaters, casinos and gyms can open at 25% capacity.

An island-wide curfew from 10 p.m. to 5 a.m. remains in effect, although the lockdown will be lifted on Sundays.

Visitors to Puerto Rico must complete an online travel declaration (www.travelsafe.pr.gov), produce results of a negative Covid test taken no more than 72 hours prior to departure and self-quarantine at their own expense upon arrival for 14 days or the length of the visit, whichever is shorter.

Dr. Jose Rodriguez Orengo with the Puerto Rico Public Health Trust **told the Associated Press** that the situation had recently improved. "It's all going to depend on people's behavior to maintain that," he said.

According to the AP **report**, Vazquez said there were about 3,900 fewer Covid-19 cases since Aug. 22, compared with the nearly four weeks prior.

Many business owners applauded the changes, the report said. But some of the changes worried independent health experts, who are concerned about future Covid spikes.

The country **paused its reopening strategy** in late July after Covid cases rose.

Hoteles aprovechan reaperturas de orden ejecutiva para lanzar ofertas

Muchos de los descuentos son exclusivos para residentes de Puerto Rico

lunes, 14 de septiembre de 2020 - 10:37 p.m.

Por Rat N. Tello Domenech



El AC Hotel San Juan-Condado by Marriott lanzó su "End of Summer Flash Sale", que consiste en un 25% de descuento del precio regular por habitación por noche, al reservar dos noches o más durante todo el mes de septiembre. (Suministrada)

Desde que entró en vigor la nueva orden ejecutiva del gobierno, que permite el uso recreativo de las playas y la reapertura de los casinos, las piscinas y los gimnasios de los hoteles, distintas hospederías lanzaron ofertas para atraer a los consumidores y aumentar sus tasas de ocupación.

RELACIONADOS:

Asociación de Hoteles pide al gobierno que cierre los alquileres a corto plazo si no puede fiscalizarlos

El turismo en Puerto Rico no mostrará recuperación hasta el año 2023

Muchas de las ofertas están dirigidas a los residentes de Puerto Rico, como la del **St. Regis Bahía Beach Resort**, en Río Grande, que comienza en \$299 por habitación, por noche, e incluye desayuno continental diario para dos adultos, estacionamiento y tarifa de complejo; ciertas restricciones aplican.

"Localizado en una reserva natural frente a dos millas de playa aislada y rodeado de una amplitud de verdor, The St. Regis Bahía Beach Resort ofrece un oasis sereno donde es posible desconectarse de la ciudad y la rutina manteniendo el perfecto distanciamiento social", dijo José M. Torres, gerente general, enfatizando que el resort está observando los protocolos más estrictos de higiene y salubridad.

En el **Hotel Condado Vanderbilt**, en la zona turística sanjuanero de Condado, la oferta de temporada de otoño 2020 incluye: descuento de 15% en habitación doble, dos bebidas de bienvenida, desayuno americano diario para dos personas, crédito de \$100 para consumo de alimentos y bebidas en la hospedería y estacionamiento. La oferta es válida para estancias hasta el 15 de diciembre de 2020.

"Este año, muchos puertorriqueños ansiamos más que nunca una escapada para mimarnos, para recalibrar cuerpo y espíritu. El Condado Vanderbilt hace ese sueño realidad", dijo Ben Tutt, gerente general de la hospedería. Tutt puntualizó que, en su reapertura, la operación del hotel se adhiere a los protocolos más rigurosos de salud y seguridad para salvaguardar el bienestar de huéspedes, empleados y suplidores.

También en Condado, **La Concha A Renaissance Resort** cuenta con una oferta de estadia exclusiva para residentes de Puerto Rico, según destacó su gerente general, José C. Padín. Incluye: desayuno continental diario para dos personas, dos Bacardi Mojitos por habitación, un regalo de bienvenida por habitación, "Late check-out" a las 2:00 p.m., \$100 de crédito en la próxima estadia que reserve para 2020 en tarifa regular y estacionamiento "Self-Parking". La misma es válida para estancias hasta el 23 de diciembre de 2020 y no incluye impuestos ni arancel hotelero.

Por su parte, el **AC Hotel San Juan-Condado by Marriott**, presenta por tiempo limitado su "End of Summer Flash Sale", que consiste en un 25% de descuento del precio regular por habitación por noche, al reservar dos noches o más durante todo el mes de septiembre. Además, los huéspedes podrán disfrutar del galardonado Bar-C-Lona Rooftop y su coctelería, su gastronomía y de su piscina, entre otras atracciones.

Cindy Aldea, gerente de Ventas y Mercadeo del hotel, explicó que "nuestro moderno hotel cuenta con todo lo necesario para recargar energías y hacer una merecida pausa en el ajetreo diario sin tener que salir de nuestras instalaciones, pero, además, estamos localizados a pasos de la playa y de todos los restaurantes y atracciones del área del Condado para aquellos más aventureros que quieran aprovechar también de los alrededores".

En la zona de Isla Verde en Carolina, el **Fairmont El San Juan Hotel**, con la compra de una noche el consumidor obtiene otra noche gratis en estancias de dos noches hasta el 15 de noviembre. La oferta "Reconecta" incluye, además, una botella de cava a la llegada, desayuno para dos en servicio a la habitación, "self-parking" para un vehículo y los huéspedes pueden reservar una habitación y obtener gratis el cuarto contiguo.

También en Isla Verde, el **Hotel Verdanza** ofrece estadia de tres días y dos noches desde \$299, un cupón de \$15 para consumo en Espresso Lab, dos tragos de bienvenida, una Pizza Metro de queso o pepperoni, 15% de descuento en Verace Restaurant, 10% en Espresso Lab y acceso a la piscina. La tasa de servicios y los impuestos están incluidos.

En Cabo Rojo, el **Parador Combate Beach Resort** comenzó a promocionar dos ofertas: reserva dos noches y la tercera es a 50% de descuento o reserva tres noches y la cuarta es gratis.

TripAdvisor name Luskentyre in list of world's best beaches

Luskentyre beach, on the Isle of Harris, was named one of the best beaches in world alongside sites in Brazil, Cuba, Puerto Rico and Spain by travel website TripAdvisor.

A remote beach off the north-west coast of Scotland has been named as one of the 25 best in the world.

Luskentyre beach on the Isle of Harris, in the Western Isles, was ranked 13th best by the travel review website, TripAdvisor.

The largest and most spectacular of all the Harris beaches, Luskentyre came out ahead of the only other UK location of Woolacombe beach in Devon.



TripAdvisor users voted Luskentyre beach as one of the 25 best in the world.

According to the poll, which was based on travellers' TripAdvisor reviews and ratings, the top three beaches in the world are Baia do Sancho (Brazil), Grace Bay Beach (Turk and Caicos) and Playa Paraiso (Cuba).

Top 25 best beaches in the world according to TripAdvisor are as follows:

Baia do Sancho, Brazil

Grace Bay Beach, Turk and Caicos

Playa Paraiso, Cuba

Spiaggia dei Conigli, Sicily

Prainhas do Pontal do Atalaia, Brazil

Seven Mile Beach, Grand Cayman

Eagle Beach, Aruba

Flamenco Beach, Puerto Rico

Varadero Beach, Cuba

Kleftiko Beach, Milos

Siesta Beach, Florida

Radhanagar Beach, Andaman and Nicobar Islands

Luskentyre, Isle of Harris

Playa de Ses Illetes, Balearic Islands

La Concha Beach, Spain

Saint Pete Beach, Florida

Playa Norte, Isla Mujeres

Maho Bay Beach, St. John

Bavaro Beach, Dominican Republic

Woolacombe Beach, Devon

Elafonissi Beach, Greece

Whitehaven Beach, Whitsunday Islands

Cala Mariolu, Italy

Balos Lagoon, Greece

Black Sand Beach, Iceland

EL YUNQUE - THE ONLY RAINFOREST IN THE U.S.



As the US marked 104 years since its National Park Service was founded in August, we place a spotlight on the natural gem of El Yunque, Puerto Rico, the only official rainforest in the US. El Yunque rainforest is home to stunning scenery, a diverse ecosystem and endless adventures for visitors to experience...

Natural Beauty

The El Yunque rainforest was revered as a sacred site for over a thousand years by the prehistoric Taino native people. They believed that Yuquiyú, the god of light and life, dwelled on Yuqué ("The White Land"), the cloud-covered peak now known as El Yunque. "Yuquiyú" also described a natural place so beautiful they could feel the presence of their god. Today, visitors looking for the wow-factor, can head to the Yokahú Observation Tower. At an elevation of 1,575 feet, the Tower offers panoramic views all the way to the ocean in the distance with the lush rainforest in the foreground.



Fascinating Plants & Wildlife

With an average rainfall of 120 inches a year, El Yunque provides the ultimate setting for hundreds of endemic plant and animal species, including the island's famous native coquí frog, a symbol of Puerto Rican culture. Coquis are onomatopoeically named after the very loud mating call which the males of two species, the common coquí and the upland coquí, make at night. Visitors can also learn about the 240 plant species endemic to the island, take in the park's pure air and enjoy some of the best birdwatching in Puerto Rico - hopefully catching sight of woodpeckers, green mangos, and the Puerto Rican parrot.

Adventure

One of the most popular things to do in El Yunque is hiking through the forest to one of the natural pools to cool off with a swim. Head over to La Coca trail and hike down to one of several ponds along the route for the perfect way to cool off. For fun in the form of a rope swing, choose El Angelito trail, where a 4km hike can end with a dive into its azure lagoon. There are plenty of additional options for trails with varying levels of difficulty throughout the park. Adrenaline-seekers can zipline through beautiful green canopies with Yunke Ziplining, or try horseback riding in the foothills of the rainforest with Hacienda Carabali who offer horseback tours through the area for the whole family.



Local cuisine

Luquillo Kiosks are a great place to grab a bite to eat after a day of swimming and hiking in El Yunque where a collection of small, seaside, family-operated eateries in the neighbouring town of Luquillo, which borders the park, serve a variety of Puerto Rican dishes. At the bottom of El Yunque National Forest, El Verde BBQ offers a range of staple Puerto Rican dishes including slow-roasted chicken, yuca al mojo, baby back ribs, arroz con gandules, and morcilla. Be sure to combine your meal with an ice-cold Medalla (a popular local beer) and mingle with the locals in the open-air patio area.

Treehouses

To complete a truly wild experience in the rainforest - staying in a treehouse is a must. [Yuquiyú](#) is a rustic retreat in the foothills of El Yunque. A "glamping" destination that offers artisan-crafted treehouses each with a private balcony surrounded by a tropical garden and each treehouse boasts an iconic view of El Yunque Peak. Guests can drift off to sleep to the soundtrack of singing tree frogs and a cascading river and become truly at one with nature!

10 beautiful black sand beaches around the world from Tenerife to Hawaii

Incredible black sand beaches around the world including famous spots in Tenerife, Iceland and Hawaii

Share     1 COMMENT

By **Julie Delahaye** Digital Travel Editor
16.36.22 SEP 2020 **UPDATED** 16.39.22 SEP 2020

TRAVEL



 Amazing black sand beaches around the world (Image: Getty)

A beach holiday conjures up images of golden sands and turquoise waters - but if you're looking to indulge your gothic side, you may want to check out a black sand beach instead.

Think black and dark grey-hued shores, exotic vegetation, and dark ocean waters that can make for a supernatural-esque setting.

These eye-catching beaches are located in destinations with volcanic landscape. Usually, they're the result of volcanic materials being deposited into the sea, and being eroded and washed up on the shore forming the dark sands.

In some cases, it may even be a flow of lava that's reached the ocean and exploded before cooling, causing the black shingles that form the shore.

They're pretty incredible hotspots, and the best part is that you can go and see them for yourself (well, once travel re-opens properly).

Check out our top pick of the 10 most incredible black sand beaches around the world...

7. Playa Negra, Puerto Rico



 The black sand beach in Puerto Rico (Image: Getty Images/iStockphoto)

Playa Negra isn't your typical black sand beach, as its darker hues come from the nearby Vieques' volcanic areas - but when it doesn't rain, there isn't much material that makes its way to the beach.

That means that some days, the beach boasts a honey-toned shore, with streaks of dark black sand.

Energising experiences for World Coffee Day globally

Coffee is globally recognised for its power to re-energise and rejuvenate, as well as its aromatic and varied flavours.

Dating back to 800AD, coffee plays a different role with countries and cities adding their own touches to the creation process and the drinking ritual.

To ignite travellers' senses, a selection of eight coffee experiences has been highlighted by travel promoter Hills Balfour to celebrate World Coffee Day, which falls on October 1.

People can indulge in Viennese coffee house culture, discover the harvest and roasting process in Colombia, and even relax in a coffee body wrap in Mauritius.

With Colombia widely known as the land of the coffee bean, for coffee-lovers a visit to the country's magnificent Coffee Cultural Landscape of Colombia, a proud UNESCO World Heritage site, is imperative.

Located at the foothills of the western and central ranges of the Cordillera de los Andes, the coffee region boasts spectacular scenery including mountains and coffee bean plantations. www.colombia.travel/en/blog/coffee-cultural-landscape

Drinking coffee is woven into the fabric of Vienna's daily life. So much so that in

2011, Vienna's coffee houses were listed as Intangible Cultural Heritage by UNESCO.

Today, traditional Viennese coffee houses are dotted all around the city where guests can feel history come alive. www.wien.info

Sample café con queso for an exotic mix of flavours in Puerto Rico.

Cheese in coffee may sound completely bizarre but it's actually a traditional comforting combination in Puerto Rico.

For those who find themselves lucky enough to visit Puerto Rico, a coffee break at Café Bizcochos in the plaza of Cabo Rojo to sample this rare culinary delight is a must. www.discoverpuertorico.com

Coffee is an integral part of Arab culture and in Abu Dhabi serving Gahwa (traditional Arabic coffee) to guests is considered a sign of a warm welcome and an act of generosity. There is an elaborate process behind this coffee ritual. www.visitabudhabi.ae

Heralded as the Isle of Wight's most successful specialty coffee company, Island Roasted is a family-run business from husband and wife duo, Dan and Viviana Burgess, who started out roasting their own coffee beans over 20 years ago. www.wightlink.co.uk

The world's largest coffeehouse chain, Starbucks, opened its first store in Seat-

tle, Washington, in March 1971. As Starbucks approaches its 50th anniversary in 2021 today the brand serves up nearly three billion cups of coffee each day in 80 countries around the world. www.visittheusa.co.uk

Often referred to as the 'Land of a Thousand Hills', Rwanda's lush landscapes and tropical climate make it the perfect place to cultivate coffee, all the way from crop to cup. The Coffee Experience Tour takes place along the shores of Lake Kivu, offering breath-taking views over the body of water. The tour starts with a paddle to Ile Nyamirundi. www.visitrwanda.com/interests/coffee

Visitors to The Oberoi on the Indian Ocean island of Mauritius can indulge in its signature coffee and mint body wrap.

The two-hour delicacy which starts with a walnut and marula shell exfoliating scrub to buff away skin which is followed by a coffee and mint applied as a wrap. This is claimed to revitalise the skin, helping to eliminate toxins and stimulate blood flow. www.tourism-mauritius.mu





STARGAZING DESTINATIONS TO CELEBRATE WORLD ASTRONOMY DAY

Friday 25th Sep 2020 | Travel

In celebration of World Astronomy Day on 5 October 2020, below is a selection of stargazing destinations that will leave travellers starstruck.

From award-winning night skies in Namibia and northern Italy, to bright bioluminescent bays in Puerto Rico or sleeping under the stars in a bubble lodge in Mauritius.


See the stars reflected in one of the world's five bioluminescent bays in [Puerto Rico](#)



The island of Vieques in Puerto Rico is fast becoming an astrotourism hotspot. With two-thirds of the island designated as a protected nature reserve, the low light pollution makes Vieques perfect for stargazing. Visitors to Vieques can take a Bio Bay Tour of Mosquito Bay, one of the world's five bioluminescent bays, where guides will highlight the constellations and planets. Three of the world's five bioluminescent bays are located in Puerto Rico and of these, Mosquito Bay was officially declared the brightest bioluminescent bay in the world by Guinness Book of World Records in 2006. The mesmerizing brightness of the bay is due to the remote location and abundant concentration of dinoflagellates. Night tours take place when the Moon isn't full to ensure the best conditions for seeing both the stars and waters glow as the night sky is reflected in the bioluminescent waters of the bay creating a truly spectacular natural light show. www.discoverpuertorico.com



Loveliest White Sand Beaches You Need to Visit

 [Author: Claire Small](#) | Posted Tuesday, September 29, 2020 - 12:27 pm

If you love the soft and white grains in sandy beaches, and you describe yourself as a beach lover, then here are some of the loveliest beaches, you should visit any time you plan a vacation. There are several shimmering white island beaches worldwide, and it all depends on your preference. Here is a compilation of the loveliest white sand beaches that won't disappoint any sand chaser.

Pangandaran in Java

The Island of Java is known to be the home to Borobudur and Yogyakarta's cultural gems, and it's also home to big cities such as Jakarta. Pangandaran is a perfect destination, and it's located on the southern side of the island. You can relax on the white sand beaches and stare at the vast ocean that exudes the blue color.

Also, you will be greeted with fresh air that springs from the urban sprawl. You will notice lots of board rental shops and surf schools around the Pangandaran. If you enjoy surfing, then this is the right vacation spot for you. If you don't fancy surfing, you can stroll up the beach and enjoy the scene of unusual tides.

Destin in Florida

Destin is home to the stunning white-sand beaches, and most tourists refer to it as the World's Luckiest Fishing Village. While you are at the beach, you will enjoy tons of fishing activities, golfing, mouthwatering seafood, along with sunsets and gulf views. You can always find [useful tips](#) on vacation rentals, such as beach homes and condos when you visit the beach. Before you visit Destin, ensure that you go through the endless list of world-renowned restaurants and book adventures that will spice up the vacation. You can even try your luck in fishing.

Langkawi in Malaysia

Langkawi means land of your wishes, and you will notice most of the islands have white sand beaches where you can spend time with family and loved ones. Langkawi is set at the perfect spot, amid the virgin [rainforest](#), and it has roads leading to the white sand beaches. Luxurious pampering and the natural grandeur await you at this fancy beach.

La Monserrate, Puerto Rico

The beach is loved by tourists and local dwellers due to the friendly vibe and clear waters that greet you. La Monserrate is one of the many Puerto Rican blue flag beaches since it has been conserved, and you will find that it is stunning, eco-friendly, clean and safe for the entire family. The seas have calm waters; thus, it's ideal for the wave-averse band, the wee ones. Next to the beach are food kiosks that serve pina colada and seafood. When you visit La Monserrate, you should consider swimming in the crystal rivers, hiking the lush, and stare at the waterfalls.

White Haven Beach in Australia

First, the beach is located at the Great Barrier Reef center, and a National park protects it. White Haven is famous in Australia, and it stretches for over 6km and is washed by green water, blue water, and turquoise swirls. The beach is filled with 97% pure silica, making it brilliant and giving it a luminescent color. The best part about the beach is that you can sail, use the seaplane, or they will transport you using a helicopter.

Banana Beach in Thailand

The beach has crystal clear waters and a backdrop of green jungle. When you are at the beach, you can get a boat ride or indulge yourself in exciting activities such as [parasailing](#), sea kayaking, snorkeling, to name a few. Banana beach has minimal infrastructure, considering that it's part of a marine and national park conservation project. There are few restaurants where you can spend time with family and friends while basking in the sun.



Hyams Beach in Australia

The beach is located in Australia and its whitest sand beach. That's according to the Guinness Book of Records. Hyams is an incredible beach that's filled with turquoise waters and white sand. There are plenty of activities to indulge yourself when at the shore; there is jet skiing, skiing, and snorkeling; it all depends on your preference.

If you consider yourself a beach bum, then these lovely white sand beaches should be at the top of your list the next time you plan to visit a beach. Most beaches have luxurious accommodations, natural wonders, superb amenities, and are packed with white sandy beaches that await anyone daring. These vacation spots are perfect for getting rid of winter blues, and you will realize that there is the best place to unwind.

TWO SCOTS ABROAD



28 Warm Places to Visit in December in USA

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These warm places to visit in December in USA will help you beat the winter blues. Whether it's a domestic or international trip for you, heading toward warm winter destinations can be just the escape we all need.

Warm Places to Visit in December in USA

The US is an enormous country, so there are, of course, wide variations in climate.

Generally speaking, the southern and western states offer warmer winters than the rest of the country.

Within those regions, however, no place is a scorcher.

That said, you can certainly enjoy t-shirt weather in some places and comfortable outdoor temperatures in plenty!

The trick here is to go beyond the continental US if you want a really warm December vacation.

Think: *Island Life!*

Best Places to Visit in December in USA by State

*Note: All 2020 events and activities should be carefully reviewed as the situation continues to change.

25) Puerto Rico

Puerto Rico is an ideal December US destination if you're seeking warmth, sunshine, beaches, history, culture, and more.

The holiday season is particularly special in Old San Juan. Be sure to visit for the [parrandas](#), which grow into big street parties.

Extra bonus: Puerto Rico is still recovering from the devastating hurricanes of recent years.

Putting our tourism dollars where they make the biggest, most positive impact is the least we can all do as tourists.





This week... conkers, coffee and Christmas lights

Destinations, Food & wine, This week

September 27, 2020
hashtagtravelling

#BritishFoodFortnight, #BritishFoodIsGreat,
#coffeeovers, #igniteatgibside, #LoveGlen,
#retreats, #sustainability, #Vienna,
#virtualevents, @raymond_blanc

Autumn seems to have arrived in all her glory with chilly mornings, cool evenings and stunning sunsets. Despite the focus this time of year on hibernation in the natural world, it's a season of magnificent abundance and colour. This is a time to enjoy nature, to 'bank' the remaining sunny days and the splendour of nature while we can. We need all the positive experiences we can muster to carry us through the long winter months to come.

International Coffee Day

1st October is the annual international celebration of the dark aromatic brew. While the exact origins of coffee are lost in myth and speculation there's no doubt that its attraction is an enduring one. In the UK alone there are 95 million cups of coffee consumed per day! While 80 per cent of households buy instant, the more discerning coffee drinker will give their coffee selection the same consideration as buying and appreciating wine.



When investing in a luxury coffee, taste is obviously the first thing to think about, although this is not immediately obvious from the packaging. Taste is very subjective depending upon your palate. [Your daily cup: How to taste and buy speciality coffee](#)

In **Puerto Rico** coffee beans grown in the mountains are ground fine and served strong, with the addition of melted cheese. Sounds bizarre but it apparently adds a nutty, creamy flavour. Sometimes hot chocolate is also added to a strong espresso with a thin wedge of hard cheese so that the sweetness of the chocolate blends with the salty notes of the cheese. This is entirely understandable and a similar taste experience to salty pretzels dipped in chocolate, a surprisingly good combination.

www.discoverpuertorico.com

Energising experiences for World Coffee Day globally

Coffee is globally recognised for its power to re-energise and rejuvenate, as well as its aromatic and varied flavours.

Dating back to 800AD, coffee plays a different role with countries and cities adding their own touches to the creation process and the drinking ritual.

To ignite travellers' senses, a selection of eight coffee experiences has been highlighted by travel promoter Hills Balfour to celebrate World Coffee Day, which falls on October 1.

People can indulge in Viennese coffee house culture, discover the harvest and roasting process in Colombia, and even relax in a coffee body wrap in Mauritius.

With Colombia widely known as the land of the coffee bean, for coffee-lovers a visit to the country's magnificent Coffee Cultural Landscape of Colombia, a proud UNESCO World Heritage site, is imperative.

Located at the foothills of the western and central ranges of the Cordillera de los Andes, the coffee region boasts spectacular scenery including mountains and coffee bean plantations. www.colombia.travel/en/blog/coffee-cultural-landscape

Drinking coffee is woven into the fabric of Vienna's daily life. So much so that in 2011, Vienna's coffee houses

were listed as Intangible Cultural Heritage by UNESCO.

Today, traditional Viennese coffee houses are dotted all around the city where guests can feel history come alive. www.wien.info

Sample café con queso for an exotic mix of flavours in Puerto Rico.

Cheese in coffee may sound completely bizarre but it's actually a traditional comforting combination in Puerto Rico.

For those who find themselves lucky enough to visit Puerto Rico, a coffee break at Café Bizcochos in the plaza of Cabo Rojo to sample this rare culinary delight is a must. www.discoverpuertorico.com

Coffee is an integral part of Arab culture and in Abu Dhabi serving Gahwa (traditional Arabic coffee) to guests is considered a sign of a warm welcome and an act of generosity. There is an elaborate process behind this coffee ritual. www.visitabudhabi.ae

Heralded as the Isle of Wight's most successful specialty coffee company, Island Roasted is a family-run business from husband and wife duo, Dan and Viviana Burgess, who started out roasting their own coffee beans over 20 years ago. www.wightlink.co.uk

The world's largest coffeehouse chain, Starbucks, opened its first store in Seattle, Washington, in March 1971. As Starbucks approach-

es its 50th anniversary in 2021 today the brand serves up nearly three billion cups of coffee each day in 80 countries around the world. www.visittheusa.co.uk

Often referred to as the 'Land of a Thousand Hills', Rwanda's lush landscapes and tropical climate make it the perfect place to cultivate coffee, all the way from crop to cup. The Coffee Experience Tour takes place along the shores of Lake Kivu, offering breath-taking views over the body of water. The tour starts with a paddle to Ile Nyamirundi. www.visitrwanda.com/interests/coffee

Visitors to The Oberoi on the Indian Ocean island of Mauritius can indulge in its signature coffee and mint body wrap.

The two-hour delicacy which starts with a walnut and marula shell exfoliating scrub to buff away skin which is followed by a coffee and mint applied as a wrap. This is claimed to revitalise the skin, helping to eliminate toxins and stimulate blood flow. www.tourism-mauritius.mu

